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| **Teacher Name** | 1. **Thomas** | **Unit Name** | Basketball |
| **Course** | **Physical Education Skill Base** | **Dates** | **Nov 28th-Dec 9th** |

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| Monday | Daily Objective:  Introduction to Physical Education – Skill Base Activities   * Explain rules and basic concepts of Basketball. * Students will learn how to use hand eye coordination to serve the birdie   Develop an appropriate conditioning program for the selected sport.  **IS.1B** Consistently perform skills and strategies and follow rules at a basic level of competency.  **IS.2D** correctly Identify the critical elements for successful performance of a sport skill.  1. Do Now- (15-20 minutes) Learning Activities: Student and I will discuss the word wall.  Teacher Preparation: Prepare Quiz for block day and technology use.  2. Direct Instruction (15-20 Minutes)  Learning Activities: Students will pare with a partner and learn basic basketball skills.  Teacher Preparation: Teacher has prepared drills and has balls ready for a smooth rotations of activities.  3. Guided Practice (15 Minutes)   * 4. Exit Ticket (5 minutes) Teacher ask students what they have learned and to demonstrate or show the class examples of the skill. |
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| **Tuesday** | **Daily Objective:**  Introduction to Physical Education – Skill Base Activities   * Explain rules and basic concepts of basketball. * Students will learn how to pass the birdie back and forth without failure to hit the net   Develop an appropriate conditioning program for the selected sport.  **IS.1B** Consistently perform skills and strategies and follow rules at a basic level of competency.  **IS.2D** correctly Identify the critical elements for successful performance of a sport skill.      . Do Now- Warm -Up (7-10 Minutes)  **Formative Assessment:**  Dynamic Warm up  **Modifications: Short distances**  **Intervention:**  **Extension:**  **Follow-Up/Homework:** Quiz on Word wall and skills learned |
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| **Wednesday/Thursday** | **Daily Objective:**  Pre-Assessment.  Develop an appropriate conditioning program for the selected sport.  **IS.1B** Consistently perform skills and strategies and follow rules at a basic level of competency.  **IS.2D** correctly Identify the critical elements for successful performance of a sport skill.  **Agenda with Approximate Time Limits:**  Short quiz on word wall  **Formative Assessment:**  Pre-Assessment/perform skills based on word wall  **Modifications: Shorter distances/pairing with advanced student for sped**  **Intervention:**  **Extension:**  **Follow-Up/Homework:** 6 on 6 play |
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| **Friday** | **Daily Objective:** Develop an appropriate conditioning program for the selected sport.  **IS.1B** Consistently perform skills and strategies and follow rules at a basic level of competency.  **IS.2D** correctly Identify the critical elements for successful performance of a sport skill.    **Agenda with Approximate Time Limits:**  Do Now: Warm Up: (7-10 minutes)   1. Agility run 2. Hamstring conditioners 3. Forward lunges 4. High jumper 5. Toe lifts reverse run 6. Step and calf taps 7. Curl and stretch 8. Waist twists 9. Inverted hurdler’s stretch   Direct Instruction (15-20 minutes)  Guided Practice (10-15 minutes)  Exit Ticket: (5 minutes)  **Formative Assessment:**  N/A  **Modifications: 3 on 3 soft play ball**  **Intervention:**  **Extension:**  **Follow-Up/Homework:** N/A |